

The following questions refer to non-academic supports for student readiness, including physical health, mental health, and community engagement.

TM\_SR01. How familiar are you with the supports and/or resources available through your district's Coordinated School Health (CSH) office? (Select one option)

- a. Not at all familiar
- b. Somewhat familiar
- c. Familiar
- d. Very familiar

TM\_SR02. What percentage of your families have you referred to your district's Coordinated School Health (CSH) Office throughout this school year?

\_\_\_\_ %

TM\_SR03. Have you ever visited your district's Coordinated School Health Office?

- a. No – 0
- b. Yes – 1
- c. I'm not sure – 2

TM\_SR04. [If TM\_SR01 = b, c or d] What are the most useful supports and/or resources your CSH office provides to your students? (Mark up to THREE)

- a. Physical Education and activity
- b. Health Education
- c. Nutrition
- d. Health services
- e. Physical environment and safety
- f. Counseling, psychological and social services
- g. Social and personal skills and school climate
- h. Employee wellness
- i. Family engagement
- j. Community Involvement

TM\_SR05. From your perspective, which of the following is the most urgent need for additional support/resources at your school? (Mark up to THREE)

- a. Physical Education and activity
- b. Health Education
- c. Nutrition
- d. Health services
- e. Physical environment and safety
- f. Counseling, psychological and social services
- g. Social and personal skills and school climate
- h. Employee wellness
- i. Family engagement

## j. Community Involvement

The following questions will only go to teachers in districts with Family Resource Centers.

TM\_SR06. How familiar are you with the supports and/or resources available through your district's Family Resource Center(s)? (Select one option)

- a. Not at all familiar
- b. Somewhat familiar
- c. Familiar
- d. Very familiar

TM\_SR07. What percentage of your families have you referred to your Family Resource Center throughout this school year?

\_\_\_\_ %

TM\_SR08. Have you ever visited your Family Resource Center?

- a. No – 0
- b. Yes – 1
- c. I'm not sure – 2

All teachers receive the following.

TM\_SR09. To what extent do you agree or disagree with each of the following statements about student physical health needs?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. Students in my classroom have ample opportunities for physical activity during the school day. (Select one option)	1	2	3	4
b. Students at my school generally have access to nutritious food outside of school. (Select one option)	1	2	3	4
c. Staff at my school have access to resources and training needed to manage students' chronic health conditions (e.g., seizures, etc.).	1	2	3	4
d. I have access to the data I need to address the physical health needs of my students. (Select one option)	1	2	3	4
e. Physical health data informs school planning and leadership decisions at this school. (Select one option)	1	2	3	4

TM\_SR10. To what extent do you agree or disagree with each of the following statements about student mental health related needs?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. My school has specific staff members who are trained to address student mental health needs. (Select one option)	1	2	3	4
b. I understand how to refer students with mental health needs to trained professional(s) in the building. (Select one option)	1	2	3	4
c. The mental health referral process at my school gets students the help they need quickly. (Select one option)	1	2	3	4
d. The mental health referral process at my school allows me to focus on instruction. (Select one option)	1	2	3	4
e. I have access to the resources I need to address the mental health needs of my students. (Select one option)	1	2	3	4

TM\_SR11. In the past year, what, if anything, has had the most negative impacts on your students' mental health? Please select up to three. [RANDOMIZE]

- a. Cyberbullying
- b. In-person bullying
- c. Family challenges (e.g., financial, substance abuse)
- d. Stress related to societal issues/news
- e. Concerns about how they are perceived by others (physical appearance, social anxiety, etc.)
- f. Concerns about future (career, college, etc.)
- g. Students' substance use/abuse
- h. Stress related to academics (schoolwork, test results, etc.)
- i. School safety
- j. Other: \_\_\_\_\_

TM\_SR12. What resources does your school or district offer to address students' mental health needs? Select all that apply.

- a. Mental health support through community partners
- b. Mental health support through contracted partners
- c. Mental health support through social workers
- d. Mental health support through behavioral /mental health specialists who are district employees
- e. In-school therapy
- f. Telehealth
- g. Professional development for teachers to identify mental health needs
- h. Peer mentorship and support programs
- i. A school-linked health center
- j. A school-based health center

TM\_SR13. How familiar are you with trauma-informed practices in schools? (Select one option)

- a. Not at all familiar

- b. Somewhat familiar
- c. Familiar
- d. Very familiar

TM\_SR14. Does your school have a trauma-informed practices program? (Select one option)

- a. No – 0
- b. Yes – 1
- c. I don't know – 2

TM\_SR15. **[If previous = Yes]** To what extent do you agree or disagree with each of the following statements about trauma-informed practices?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. I understand how to use trauma-informed practices to support students' needs. (Select one option)	1	2	3	4
b. I receive support from my school's leadership in using trauma-informed practices. (Select one option)	1	2	3	4
c. I am interested in receiving more training about incorporating trauma-informed practices into my classroom. (Select one option)	1	2	3	4

TM\_SR16. To what extent do you agree or disagree with each of the following statements about family and community engagement?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. I know the community partners who can assist with non-academic supports at my school. (Select one option)	1	2	3	4
b. I know how to assist parents in regard to non-academic supports for students at my school. (Select one option)	1	2	3	4
c. There are opportunities for students to build enriching relationships with adults in this school. (Select one option)	1	2	3	4
d. I am part of the community in which most of my students live. (Select one option)	1	2	3	4