

# Children & Youth Service Providers

A reference guide for judges and the courts seeking information about mental health, substance abuse, and co-occurring service providers for children and youth in the State of Tennessee.

For additional assistance, contact the System of Care TA Center at [SOC.TACenter@tn.gov](mailto:SOC.TACenter@tn.gov).

## CHEATHAM COUNTY

**PROVIDER: MENTAL HEALTH COOPERATIVE**  
**PHONE NUMBER:** (615) 446-3061; (615) 726-3340



**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Same day assessment and walk-in availability

**OUTCOME:** Diagnosis, Social History, Treatment Recommendations

**SERVICES OFFERED:** TN Health Link Care Coordination, Medication Management, Therapy, Continuous Treatment Team (CTT), Child and Youth Continuous Treatment Team (C&Y CTT), Comprehensive Child and Family Treatment (CCFT)

**EVIDENCE-BASED PRACTICES AVAILABLE:** Zero Suicide Initiative (ZSI), Applied Suicide Intervention Skills Training (ASIST), Assessing and Managing Suicide Risk (AMSR), Columbia-Suicide Severity Rating Scale (C-SSRS), Motivational Interviewing (MI), Trans theoretical Model (Stages of Change), Cognitive Behavioral Therapy (CBT), Trauma-Focused CBT (TF-CBT), Dialectical Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR)

**PROVIDER: CENTERSTONE** (county served by neighboring county clinics)

**PHONE NUMBER:** (888) 291-HELP (4357)

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Same day/Next day

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment recommendations

**SERVICES OFFERED:** Therapy/Counseling, Intensive In-Home Treatment, Comprehensive Child and Family Therapy (CCFT), School-Based Therapy, Therapeutic Foster Care, Tennessee Health Link Care Coordination, SSVF (Supportive Services for Veteran Families- case management and housing assistance to low income Veteran families who are homeless or within 2 weeks of becoming homeless)

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Play Therapy; Eye Movement Desensitization and Reprocessing (EMDR); Dialectical Behavioral Therapy (DBT); Solution-Focused Therapy (SFBT); Motivational Interviewing (MI); Seeking Safety; Hazelden Co-Occurring Disorders Program; Integrated Dual Diagnosis Treatment (IDDT); Motivational Enhancement Therapy (MET); The Matrix Model (intensive alcohol & drug treatment for teens and young adults); Art Therapy; Circle of Courage (a positive youth development model); Making a Difference (teen pregnancy and HIV/STD prevention); Be Proud! Be Responsible! (youth empowerment & HIV reduction); Sexual Health and Adolescent Risk Prevention (SHARP)

**PROVIDER: YOUTH VILLAGES**

**PHONE NUMBER:** (615) 740-5330

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Immediate

**OUTCOME:** Social history, treatment history, treatment recommendations, family counseling

**SERVICES OFFERED:** Intensive in-home services, case management services, Thrive (Juvenile Justice Grant Funded Program)

**EVIDENCE-BASED PRACTICES AVAILABLE:** Collaborative Problem Solving (CPS), Trauma Focused Cognitive Behavior Therapy (TF-CBT), Adolescent Community Reinforcement Approach (ACRA), Motivational Interviewing (MI)

**PROVIDER: TENNESSEE VOICES (TNV)**

**PHONE NUMBER:** (800) 670-9882

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Varies daily, please call.

**OUTCOME:** Parent/Caregiver Peer Support, Resource Linkage, Safety Planning, and Treatment Recommendations

**SERVICES OFFERED:** Family Support Services, CCFT, Psychiatric Medication Management, Telehealth Therapy, Referral, Advocacy, Outreach, and Training

**EVIDENCE-BASED PRACTICES AVAILABLE:** Strengthening Families, Nurturing Parent, Youth Screen, Statewide Family Support Network, Child Care Consultation, Nurturing Parenting, CBT, TF-CBT

**PROVIDER: HEALTH CONNECT AMERICA**

**PHONE NUMBER:** (615) 567-6726

**INITIAL ASSESSMENT:** 1-10 days

**WAIT TIME:** No wait time; contact attempted within 24 hours.

**OUTCOME:** Biopsychosocial assessment, diagnosis, treatment recommendations, therapeutic and case management services

**SERVICES OFFERED:** Intensive Outpatient Co-Occurring Substance Abuse and Mental Health Group for adults and adolescents, Comprehensive Child and Family Treatment (CCFT), Outpatient Therapy, Medication Management, Health Link

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT), Rational Emotive Therapy (RET), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Homebuilders Model, Motivational Interviewing, Trust-Based Relational Intervention (TBRI)