

Children & Youth Service Providers

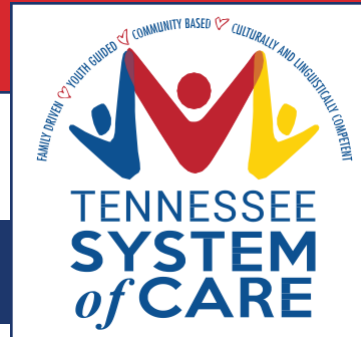
A reference guide for judges and the courts seeking information about mental health, substance abuse, and co-occurring service providers for children and youth in the State of Tennessee.

For additional assistance, contact the System of Care TA Center at SOC.TACenter@tn.gov.

DAVIDSON COUNTY

PROVIDER: CENTERSTONE

PHONE NUMBER: (615) 460-4500; (888) 291-HELP (4357)



INITIAL ASSESSMENT: Yes

WAIT TIME: Same Day/ Next Day

OUTCOME: Determines mental health and substance abuse diagnosis, social history, treatment recommendations

SERVICES OFFERED: Therapy/Counseling, Psychiatric Evaluation and Treatment, Intensive In-Home Treatment, School-Based Therapy, Substance Abuse Treatment, Therapeutic Foster Care, Tennessee Health Link Care Coordination Psychosocial, Case Management, CTT, SSVF (Supportive Services for Veteran Families- case management and housing assistance to low income Veteran families who are homeless or within 2 weeks of becoming homeless)

EVIDENCE-BASED PRACTICES AVAILABLE: Cognitive Behavioral Therapy; Trauma-Focused Cognitive Behavioral Therapy; Eye Movement Desensitization and Reprocessing; Solution-Focused Therapy; Dialectical Behavioral Therapy; Seeking Safety; Motivational Interviewing; Hazelden Co-Occurring Disorders Program; The Matrix Model (intensive alcohol & drug treatment for teens and young adults); Motivational Enhancement Therapy; Circle of Courage (a positive youth development model), Play Therapy; Art Therapy; Attachment, Regulation and Competency; Structural Family Therapy; Integrated Dual Diagnosis Treatment; Making a Difference (teen pregnancy and HIV/STD prevention); Be Proud! Be Responsible! (youth empowerment & HIV reduction); Sexual Health and Adolescent Risk Prevention

PROVIDER: FAMILY & CHILDREN'S SERVICES

PHONE NUMBER: (615) 320-0591

INITIAL ASSESSMENT: Yes

WAIT TIME: Two-four weeks

OUTCOME: Individual and Family Counseling

SERVICES OFFERED: Individual and Family Counseling

PROVIDER: YOUTH VILLAGES

PHONE NUMBER: (615) 250-7200

INITIAL ASSESSMENT: Yes

WAIT TIME: Immediate

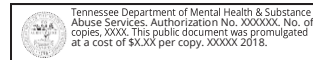
OUTCOME: Social History, Treatment History, Treatment Recommendations, Family Counseling

SERVICES OFFERED: Intensive In-home Services, Case Management Services

EVIDENCE-BASED PRACTICES AVAILABLE: Collaborative Problem Solving (CPS), Trauma-Focused Cognitive Behavior Therapy (TFCBT), Adolescent Community Reinforcement Approach (ACRA)



The TN Reference Guide was developed by the Tennessee Department of Mental Health & Substance Abuse Services in partnership with the Administrative Office of the Courts, Tennessee Association of Mental Health Organizations, Tennessee Commission on Children and Youth, and Community Mental Health Providers.



PROVIDER: MENTAL HEALTH COOPERATIVE

PHONE NUMBER: (615) 726-3340

INITIAL ASSESSMENT: Yes

WAIT TIME: Same day assessment and walk-in availability

OUTCOME: Diagnosis, Social History, Treatment Recommendations

SERVICES OFFERED: TN Health Link Care Coordination, Medication Management, Therapy, Continuous Treatment Team, Child and Youth Continuous Treatment Team, Comprehensive Child and Family Treatment, Program for Assertive Community Treatment -18 and older, System of Care Across TN (SOCAT), Healthy Transitions (HT)

EVIDENCE-BASED PRACTICES AVAILABLE: Zero Suicide Initiative, Applied Suicide Intervention Skills Training, Assessing and Managing Suicide Risk, Columbia-Suicide Severity Rating Scale, Motivational Interviewing, Trans theoretical Model (Stages of Change), Cognitive Behavioral Therapy, Trauma-Focused CBT, Dialectical Behavioral Therapy, Eye Movement Desensitization and Reprocessing (EMDR), Wraparound, Transition to Independence Process (TIP)

PROVIDER: HEALTH CONNECT AMERICA

PHONE NUMBER: (615) 656-0227

INITIAL ASSESSMENT: 1-10 days

WAIT TIME: No wait time; contact attempted within 24 hours.

OUTCOME: Biopsychosocial assessment, diagnosis, treatment recommendations, therapeutic and case management services

SERVICES OFFERED: Intensive Outpatient Co-Occurring Substance Abuse and Mental Health Group for adults and adolescents, Comprehensive Child and Family Treatment (CCFT), Outpatient Therapy, Medication Management, Health Link

EVIDENCE-BASED PRACTICES AVAILABLE: Cognitive Behavioral Therapy (CBT), Rational Emotive Therapy (RET), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Homebuilders Model, Motivational Interviewing, Trust-Based Relational Intervention (TBRI)

PROVIDER: OMNI COMMUNITY HEALTH

PHONE NUMBER: (615) 834-1885

INITIAL ASSESSMENT: Yes

WAIT TIME: Varies daily. Please call.

OUTCOME: Determines mental health and substance abuse diagnosis, social history, treatment recommendations

SERVICES OFFERED: Intake and Assessment, Therapy, Medication Management (Tele-psychiatry), Case Management, CCFT

EVIDENCE-BASED PRACTICES AVAILABLE: Attachment, Regulation and Competency (ARC); Attachment-Based Family Therapy; Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Motivational Interviewing (MI) Eye Movement Desensitization and Reprocessing (EMDR); Play Therapy; Trauma-Informed Therapy; Solution-Focused Therapy; Relapse Prevention Therapy

PROVIDER: TENNESSEE VOICES (TNV)

PHONE NUMBER: (800) 670-9882

INITIAL ASSESSMENT: Yes

WAIT TIME: Varies daily, please call

OUTCOME: Parent/Caregiver Peer Support, Resource Linkage, Safety Planning, and Treatment Recommendations

SERVICES OFFERED: Family Support Services, Psychiatric Medication Management, Telehealth Therapy, Referral, Advocacy, Outreach, and Training

EVIDENCE-BASED PRACTICES AVAILABLE: Strengthening Families, Nurturing Parent, Youth Screen, Statewide Family Support Network, Child Care Consultation , Outpatient Counseling, FSP in the Courts, Family Connection, CBT, TF-CBT

PROVIDER: VANDERBILT COMMUNITY MENTAL HEALTH CENTER

PHONE NUMBER: (615) 322-2028

INITIAL ASSESSMENT: Yes

WAIT TIME: Please call for wait times

OUTCOME: Determines mental health and substance abuse diagnosis, social history, treatment recommendations

SERVICES OFFERED: Onsite clinic services such as Therapy, Medication Evaluation and Medication Management, as well as school based services.

EVIDENCE-BASED PRACTICES AVAILABLE: Attachment, Regulation and Competency (ARC); Cognitive Behavioral Therapy (CBT); Child Parent Psychotherapy (CPP); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Motivational Interviewing (MI); Reaching Educators Children and Parents (RECAP)