



Scavenger Hunt Checklist

How to Play: Go to www.tn.gov/wfhtn to find each item below. Jot down a description and the link to the item. Submit your Scavenger Hunt checklist to https://stateofennessee.formstack.com/forms/wfhtn_scavenger_hunt_submission_form or WFHT.TN@tn.gov.

Items to Find	Description/Link to Item
List of free wellness trackers	
Your agency's Wellness Council dashboard	
A WFHTN healthy recipe	
A team building activity	
Desk stretches or office exercises	
The name of your agency's Wellness Chair	
The WFHTN Wellness Events page	
A well-being success story video	
This month's WFHTN monthly handout	
A physical activity lunch 'n learn/webinar topic	
WFHTN's three focus areas	
WFHTN's Facebook page	
A tobacco cessation resource	
Total Scavenger Hunt Items Completed It's OK if you didn't "find" all the Scavenger Hunt items! Just do your best.	

Name: _____ Agency: _____



WFHT.TN@tn.gov



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